

CLINICAL SYLLABUS & FACULTY PORTFOLIO

2026 K-Thread Lifting Mastery — Clinical Syllabus & Faculty Portfolio

Refine your aesthetic precision with a 1:1 live patient ratio, guided by the proprietary SMAS-anchoring logic of Korea's leading board-certified plastic surgeons. Hands-on training in Busan and Seoul.

PROGRAM

PDO Thread Lift Training Korea

FORMATS

1:1 Hands-On, Small Group, Observation

LOCATIONS

Busan flagship or Seoul faculty clinics

EVIDENCE

Song JK et al. 2021, PMID 33784374

FOR APPLICANTS

Eligibility: MD, DO, PA, RN injector, dentist, oral surgeon, or equivalent licensed injector. Hands-on eligibility verified before confirmation.

CHAPTER 1

The OLA Logic

Five honest differences from OLA Korea's PDO pillar page.

01 - Format

From Group to Private.

Many fellowship programs run in groups. OLA delivers a strict 1:1 student-to-patient ratio for maximum hands-on time per case.

02 - Faculty

Surgical Authority.

Our faculty are not general practitioners. They are board-certified Korean plastic surgeons with decades of surgical lifting experience.

03 - Logic

Beyond K-Beauty.

While other programs focus on aesthetic trends, OLA teaches Clinical Logic - understanding the why behind the vector, not only the how.

04 - Location

Two Clinical Hubs.

Train in the high-energy aesthetic pulse of Seoul, or the focused premium environment of our Busan flagship at Song Jennifer Plastic Surgery.

05 - Technology

Digital Innovation.

OLA integrates MediThinQ SHIYA 20 3D digital optics into thread training, bridging traditional Korean technique with modern medical visualization.

PEER-REVIEWED EVIDENCE

Crisscross Pattern: 5x Stronger Fibrogenesis

Faculty Director Jennifer K. Song lead-authored research showing PDO-barbed thread crisscross pattern produces fivefold stronger fibrogenesis than fan-shaped implantation, supporting longer-lasting facial rejuvenation outcomes.

Song JK, et al. Aesthetic Surgery Journal, 2021;41(7):NP875-NP886. PMID 33784374. DOI 10.1093/asj/sjab153.

CHAPTER 2

What You'll Learn

Five clinical outcomes plus the PDO Thread Lifting & Multi-Modality Injection module.

01

MINT Pattern Recognition

Accurately identify facial vectors to design customized lifting patterns for immediate, natural-looking outcomes.

02

Advanced Cannula Handling

Refine your tactile sense for safe SMAS-layer navigation, minimizing patient downtime and vascular risks.

03

Multi-Modality Integration

Implement a holistic Korean logic by combining PDO threads with toxin and fillers for three-dimensional facial contouring.

04

SMAS-Anchoring Technique

Master the surgical-grade logic of anchoring threads to the SMAS layer for long-term structural longevity.

05

3D Digital Aesthetics with SHIYA 20

Utilize MediThinQ SHIYA 20 technology to visualize internal anatomy, ensuring unprecedented precision in thread placement and complication-aware planning.

PDO THREAD LIFTING & MULTI-MODALITY INJECTION

Korean PDO thread lifting expertise integrated with toxin, filler, and skin booster - the K-Aesthetic signature non-surgical lift.

- PDO Thread Selection, Depth & Anchoring
- Mid-Face & Lower-Face Thread Lifting Protocols
- MINT Pattern Recognition & Vector Design
- Combined Toxin + Filler + Thread Sequencing
- Skin Booster Cocktails & Dermashine Integration
- Thread Complication Avoidance & Management

CHAPTER 3

Format Options

Choose how you train: 1:1 hands-on, small group, or observation.

1:1 HANDS-ON

1:1 Hands-On PDO Thread Lift Training

Private, fully customized scheduling. Maximum live-patient hands-on time with one faculty surgeon.

- Duration: Flexible - 1 day, multi-module, or multi-day.
- Format: Private 1:1 with OLA-certified faculty.
- Location: Busan or Seoul.
- Includes training materials, clinical supplies, Certificate of Completion, lunch, and one Zoom follow-up consultation.

SMALL GROUP

Small Group PDO Thread Lift Training

2 to 4 peer clinicians. Same curriculum, collaborative format, shared case discussion.

- Duration: Flexible - 1 day, multi-module, or multi-day.
- Format: Small Group (2-4).
- Same 3 non-surgical core modules as 1:1 Training, at a shared group pace with 2-4 peers.

OBSERVATION

PDO Thread Lift Observation Course

Watch live procedures with case-by-case faculty commentary. No hands-on requirement.

- Duration: Flexible - 1 day, multi-module, or multi-day.
- Format: Clinical Observation, up to 4 observers.
- Includes clinic access, live case commentary, Certificate of Completion, and lunch with faculty.
- Observation courses are non-hands-on.

CHAPTER 4

Faculty

Seven Person records listed in the OLA Korea schema.org graph.

Jennifer K. Song, MD, PhD

Director, OLA Korea; Song Jennifer Plastic Surgery Clinic

- Korean Board Certified Plastic Surgeon; Head Director, Song Jennifer Plastic Surgery, Busan.
- Member: KSPRS, KSAPS, IPRAS, KAAR.
- Knows about: SMAS Facelift, MINT Thread Lifting, Lower Face-Neck Lift, Reduction Malarplasty, Breast Aesthetics, Anti-Aging.
- Lead author, Aesthetic Surgery Journal 2021;41(7):NP875-NP886. PMID 33784374. DOI 10.1093/asj/sjab153.

Byung-Chul Kim

Director, BCI Plastic Surgery

- Knows about: Eye Surgery, Eye Revision, Anti-Aging.

Moon-Seok Kang

Director, WJ Wonjin Plastic Surgery

- Knows about: Rhinoplasty, Lifting, Contouring, Jaw.

Sun-Ho Song

Director, Divine Plastic Surgery

- Knows about: Eye, Rhinoplasty, Lifting, Breast.

Hoon Jin

Director, IDEA Plastic Surgery

- Knows about: Facial Bone Surgery, Contouring, Rhinoplasty.

Won-Young Yoon

Director, MEND Clinic

- Knows about: Skin Laser, Lifting, Pigmentation.

Gyeong-Han Yoo

Director, Geunal Plastic Surgery

- Knows about: Eye, Rhinoplasty, Revision, Male Aesthetic.

CHAPTER 5

Logistics & Application

Location, eligibility, certificate, visa support, contact, and pricing note.

LOCATION

- Busan flagship: Song Jennifer Plastic Surgery, 145 Bunpo-ro, Nam-gu, Busan, W Square 2F #2039-2.
- Seoul rotating partner clinics: high-volume aesthetic clinics in Gangnam and Apgujeong; specific clinic confirmed at acceptance.

ELIGIBILITY

- MD, DO, PA, RN injector, dentist, oral surgeon, or equivalent licensed injector. Hands-on eligibility verified before confirmation.

CERTIFICATE

- Certificate of Completion documents attendance and clinical scope but does not replace a medical license, board certification, or local practice authorization.

VISA

- After acceptance, OLA Korea provides documents that can support C-3-4 or Medical Visit visa applications.
- Visa approval remains the responsibility of the relevant embassy or immigration authority.
- Many countries enjoy visa-free entry to South Korea for up to 90 days; check K-ETA eligibility before travel.

TRAVEL NOTES

- Busan access: Gimhae International Airport by subway, taxi, or airport pickup on request.
- Seoul access: Incheon International Airport by AREX Express, airport limousine, or taxi.
- Accommodation: recommended hotels near training locations are listed in the OLA Korea visit guide.

CONTACT & PRICING

- ola.korea25@gmail.com | Tel 010-8567-4124 | olakorea.com/training/pdo-thread-lift-training-korea
- 2026 pricing tiers depend on selected format and module mix. Contact ola.korea25@gmail.com for current rates.